

Chiu Sheung School, Hong Kong 79B Pok Fu Lam Road, Hong Kong

Tel: 2546-1644 Fax: 2517-2483

Website: www.csshk.edu.hk



20<sup>th</sup> November, 2023

Dear Parents/Guardians of P.4,

## Notice on Understanding Adolescent Project (UAP) course 2023-24 No.129B (To: Selected P.4 students)

The Education Bureau has launched the UAP since the 2004/05 school year. The UAP is a comprehensive support programme for personal growth. It aims at enhancing primary students' resilience in coping with the challenges they have to face as they grow up. Both parents and teachers considered that the project would enhance students' optimism, sense of belonging towards their families and schools, communication skills and co-operation with others.

The programme consists of various activities focusing on social skills, emotion management, problem solving and goal setting. Parents' involvement is also an important part of the programme. This year, the responsible social worker for the programme is Miss Christy.

Your child is recommended by teachers to join the above programme and you are cordially invited to encourage him/her to participate actively. Details of the activities are listed in the attachment.

Please return the reply slip on  $21^{s\dagger}$  November to Mr. Toby.

Thank you for your attention.

		Mr. Chim Hon Ming Principal, CSSHK	
≻ To: CSSHK		Class No :(	)
Reply Slip for Notice on Underst	anding Adolescent Project (UAP)	) course 2023-2024	No.129B
And my son/daughter  be picked  return hor	ill join the UAP programme. will		
Name of student:	Name of parent: Signature: Contact number:		

21.11.2023 To

Attachment

## Chiu Sheung School, Hong Kong 2022/2023 Understanding Adolescent Project (P.4 UAP) Content and details of activity

	Activity	Date	Time	Venue
1.	Orientation	30/11/2023 ( Thur )	3:30 p.m. – 4:45 p.m.	School
2.	Parents seminar	2/12/2023(Sat)	10:00 a.m 11:30 a.m.	ZOOM
3.	Launching ceremony	8/12/2023 ( Fri )	2:30 p.m. – 3:45 p.m.	. School
4.	Parents seminar (1)	6/12/2023 (FII)	12/2023 (Fit ) 2.30 p.m. – 3.43 p.m.	
5.	Activity (1)	15/12/2023 ( Fri )	2:30 p.m. – 3:45 p.m.	School
6.	Activity (2)	5/1/2024 ( Fri )	2:30 p.m. – 3:45 p.m.	School
7.	Day Camp	27/1/2023(Sat)	9:00 a.m. – 5:00 p.m.	Camping
8.	Activity (3)	12/1/2024 ( Fri )	2:30 p.m. – 3:45 p.m.	School
9.	Activity (4)	2/2/2024 ( Fri )	2:30 p.m. – 3:45 p.m.	School
10.	School Service (preparation)	23/2/2024( Fri )	2:30 p.m. – 3:45 p.m.	School
11.	School Service	1/3/2024 ( Fri )	2:30 p.m. – 3:45 p.m.	School
12.	Camp	9-10/3/2024	1:00p.m 2:00 p.m.	Pending
13.	Activity (5)	15/3/2024 ( Fri )	2:30 p.m. – 3:45 p.m.	School
14.	Activity (6)	12/4/2024 ( Fri )	2:30 p.m. – 3:45 p.m.	School
15.	Closing ceremony	19/4/2024 ( Fri )	2:30 p.m. – 3:45 p.m.	School
16.	Parent-child Camp Parents seminar	20/4/2024 ( Fri )	9:00 a.m. – 5:00 p.m.	Camping
17.	teacher seminar	Video		

## Remarks:

- 1. We will notify parents of any change of date/time/place of the above events in advance.
- 2. If the school resumes whole day school the time will be 3:45 p.m. 5:00 p.m. and the venue will be at school. The date will be the same.
- 3. Please keep this timetable for future reference.