

Chiu Sheung School, Hong Kong 79B Pok Fu Lam Road,

Tel: 2546-1644 Fax: 2517-2483

Website: www.csshk.edu.hk

28th November, 2022

Dear Parents/Guardians of P.4,

Notice on Understanding Adolescent Project (UAP) online course 2022-23 No.110B (To: Selected P.4 students)

The Education Bureau has launched the UAP since the 2004/05 school year. The UAP is a comprehensive support programme for personal growth. It aims at enhancing primary students' resilience in coping with the challenges they have to face as they grow up. Both parents and teachers considered that the project would enhance students' optimism, sense of belonging towards their families and schools, communication skills and co-operation with others.

The programme consists of various activities focusing on social skills, emotional management, problem solving and goal setting. Parents' involvement is also an important part of the programme. This year, the responsible social worker for the programme is Miss Liu.

Your child is recommended by teachers to join the above programme and you are cordially invited to encourage him/her to participate actively. The activities will be conducted via Zoom meeting in the afternoon; we will notify parents of any change of date/time/place of the events in advance. Details of the activities are listed in the attachment.

Please return the reply slip on or before 30 th November to Mr Thank you for your attention.	Mr. Chim Hon Ming
	Principal, CSSHK
% То: <i>C</i> SSHK	Class No :()
Reply Slip for Notice on Online Understanding Adolescent Proj 2022-2023 No.110B	ject (UAP) online course
I acknowledge receipt of the above notice and I	
 agree that my child will join the UAP programme. If the school resumes whole day class, my son/dauged be picked up by parent. return home on his/her own. 	ghter will
\square do not agree my child to join the UAP programme.	
Name of student: Name of parent: _	
Class: Signature:	
Contact number:	

Chiu Sheung School, Hong Kong 2022/2023 Understanding Adolescent Project (P.4 UAP) Content and details of activity

	Activity	Date	Time	Venue
1.	Orientation	9/12/2022 (Fri)	3:00 p.m 4:00 p.m.	ZOOM
2. 3.	Parents seminar Launching ceremony	16/12/2022 (Fri)	3:00 p.m 4:30 p.m.	ZOOM
4.	Activity (1)	6/1/2023 (Fri)	3:00 p.m 4:00 p.m.	ZOOM
5.	Activity (2)	13/1/2023 (Fri)	3:00 p.m 4:00 p.m.	ZOOM
6.	Day Camp	14/1/2023 (Sat)	9:00 a.m 12:00 p.m.	School
7.	Activity (3)	3/2/2023 (Fri)	3:00 p.m 4:00 p.m.	Pending
8.	Activity (4)	10/2/2023 (Fri)	3:00 p.m 4:30 p.m.	Pending
9.	Parent-child Camp	11/2/2023 (Sat)	9:00 a.m 12:00 p.m.	School
10.	School Service (preparation)	17/2/2023 (Fri)	3:00 p.m 4:00 p.m.	Pending
11.	School Service	3/3/2023 (Fri)	3:00 p.m 4:00 p.m.	Pending
12.	Activity (5)	10/3/2023 (Fri)	3:00 p.m 4:00 p.m.	Pending
13.	Camp	11/3/2023 (Sat)	9:00 a.m 12:00 p.m.	School
14.	Activity (6)	17/3/2023 (Fri)	3:00 p.m 4:00 p.m.	Pending
15.	Closing ceremony	24/3/2023 (Fri)	3:00 p.m 4:30 p.m.	Pending
16.	Parents seminar	Video		
17.	teacher seminar			

Remarks:

- 1. We will notify parents of any change of date/time/place of the above events in advance.
- 2. If the school resumes whole day school the time will be 3:45 p.m. 5:00 p.m. and the venue will be at school. The date will be the same.
- 3. Please keep this time-table for future reference.